



Ministry of Health and Social Services  
Republic of Namibia

NAMIBIA COVID-19 SITUATION REPORT NO. 95			
Outbreak Name	<i>COVID-19 outbreak</i>	Country affected	<i>Namibia</i>
Date & Time of this report	<i>21.06.2020 23:30 hrs</i>	Investigation start date	<i>13 March 2020</i>
Prepared by	<i>Surveillance Team</i>		

### 1. SITUATION UPDATE / HIGHLIGHTS

- Five (5) new confirmed cases were recorded today (21 June 2020).
  - All cases are from Erongo region
- Cumulatively, **63** confirmed cases have been reported in the country.
- Of the **63** confirmed cases, twenty-one **21 (33.3%)** have recovered.
  - Two (2) cases recovered today (21 June 2020)
- Thirty-four **34 (54%)** of the confirmed cases are imported while **29 (46%)** are local transmissions.
- No death has been recorded, case fatality rate is **0%**
- On 08 June 2020, His Excellency, The President of the Republic of Namibia announced the extension of the Stage 1 restrictions imposed on the Walvis Bay Local Authority Area to the entire Erongo region;
  - Effective from midnight 08 June 2020 until midnight 22 June 2020.
- The other regions are still under Stage 3 of national lockdown which covers a period of 28 days (01 June 2020 – 29 June 2020).

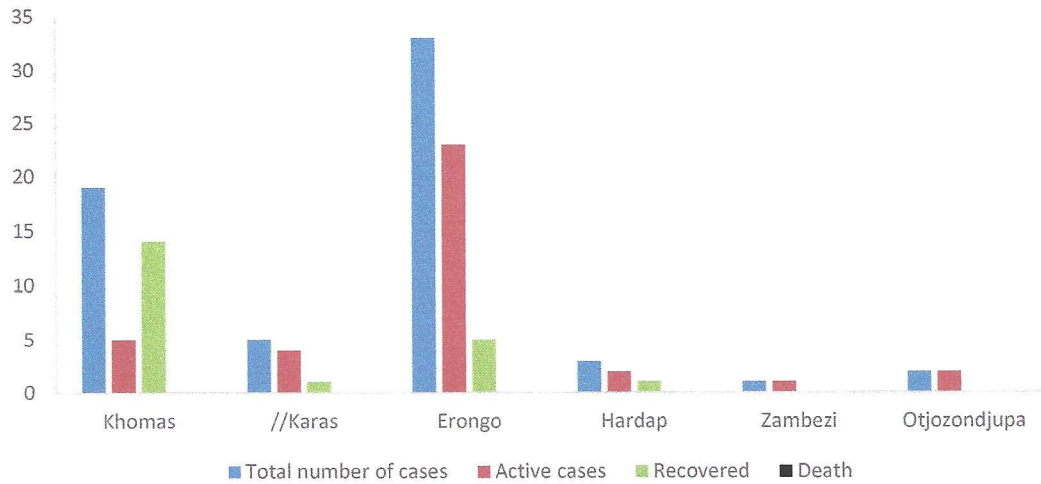
## 2. BACKGROUND

### Description of the cases

- **Index cases:** Two confirmed cases of COVID-19 were reported in Windhoek district on 13 March 2020. The married couple; a 35-years-old male and a 25-years-old female, arrived from Madrid, Spain on 11 March 2020.
- On 21 June 2020, Namibia recorded five (5) new cases bringing the total number of confirmed cases to 68. All 5 cases are Namibians from Erongo region :
  - Case 59 is a 14-years old female, from Walvis Bay, a contact of case 37. No signs and symptoms.
  - Case 60 is a 34-years old female, from Walvis Bay, a contact of case 35. No signs and symptoms.
  - Case 61 is a 24-years old female, from Walvis Bay. She was swabbed as a part of active case search. No signs and symptoms, and no known contact.
  - Case 62 is a 65-years old male, Walvis Bay. He was part of active case search. She complained of headache and fever. No known contact, no travel history.
  - Case 63 is a 43-years old male, from Swakopmund. He was swabbed as part of active case search. No signs and symptoms, no known contact and no travel history.

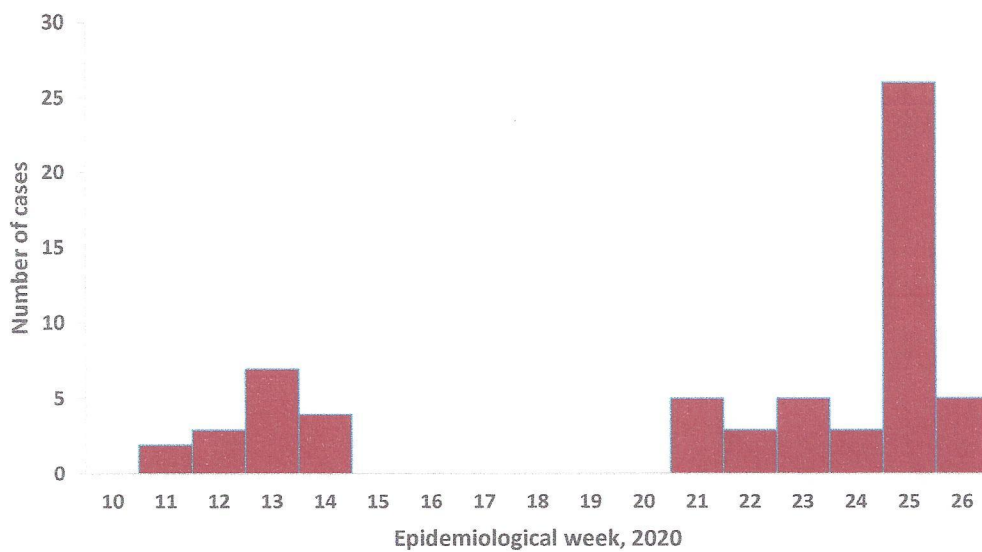
## 3. EPIDEMIOLOGY

Since 14 March 2020, when the COVID-19 outbreak was declared in Namibia, a total of **63** cases have been confirmed. Six (6) regions have so far been affected, of which Erongo region recorded the highest number of cases; **33 (52.4%)** while Zambezi recorded the least **1(1.6%)** as per figure 1 below.



*Figure 1: Distribution of Confirmed COVID-19 cases in Namibia, by region as of 21 June 2020*

Namibia recorded its cases of COVID-19 during the epidemiological weeks displayed in figure 2 below. Most 25 (39.7%) of the cases were recorded in week 25.



*Figure 2: Epi-curve for confirmed COVID-19 cases in Namibia as of 21 June 2020*

As presented in figure 3 below, more male cases were recorded; 34 (54%) compared to female cases; 29 (46%).

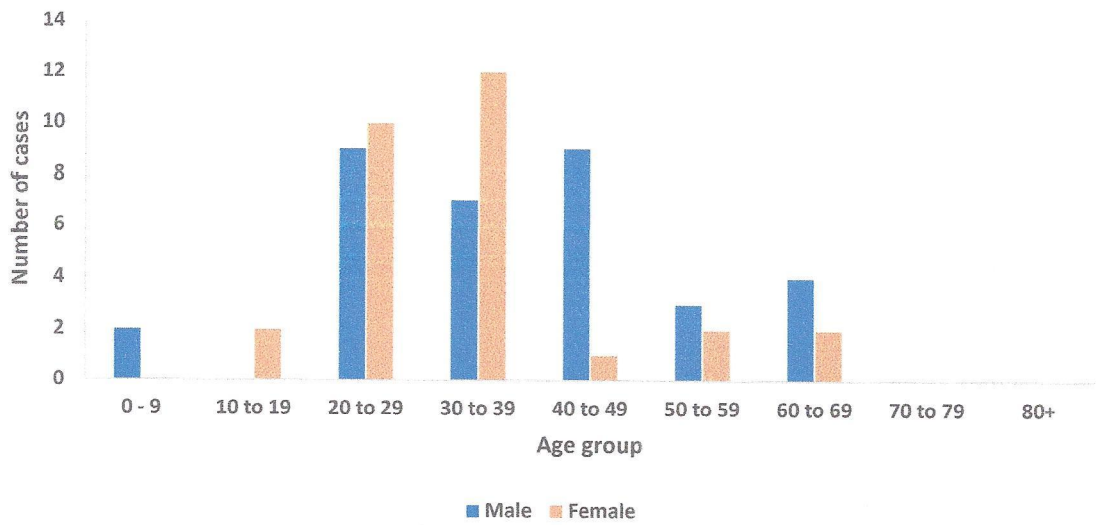


Figure 3: Age and sex distribution of COVID-19 confirmed cases in Namibia as of 21 June 2020

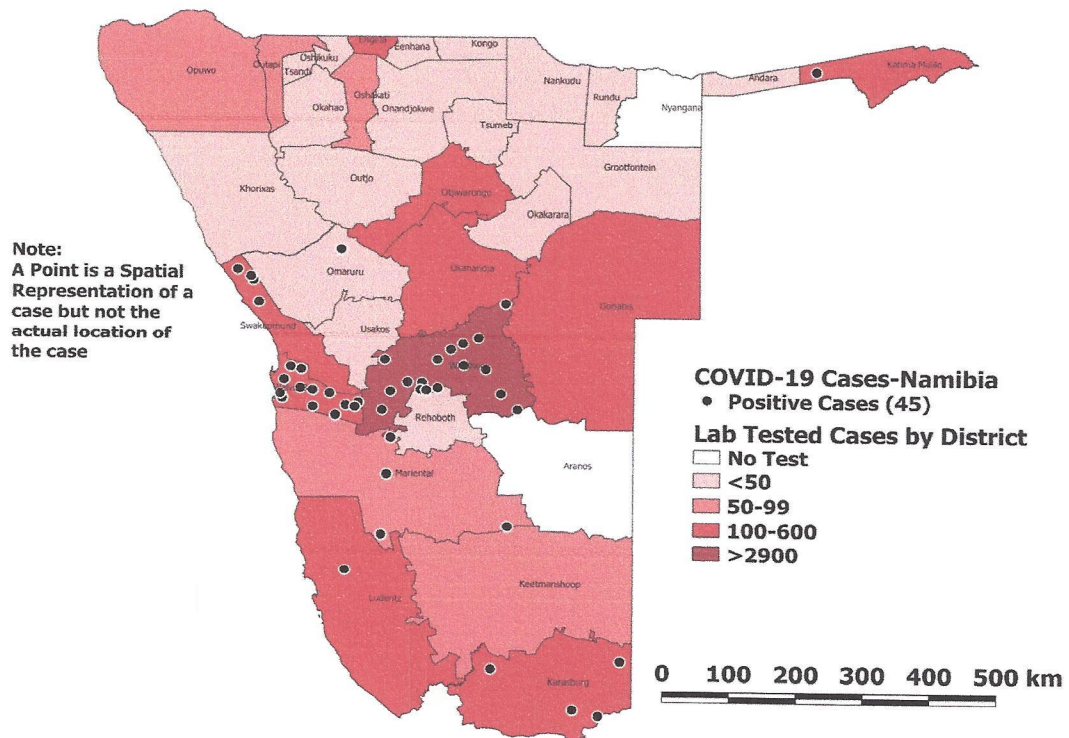


Figure 4: Distribution of suspected and confirmed COVID-19 cases in Namibia by District, 21 June 2020



#### 4. PUBLIC HEALTH ACTION / RESPONSE INTERVENTIONS AND SURVEILLANCE

- **Case definitions as of 20 March 2020:**

**Suspected case:**

A. A patient with acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath), AND a history of travel to or residence in a location reporting community transmission of COVID-19 disease during the 14 days prior to symptom onset; OR

B. A patient with any acute respiratory illness AND having been in contact with a confirmed or probable COVID-19 case in the last 14 days prior to symptom onset; OR

C. A patient with severe acute respiratory illness (fever and at least one sign/symptom of respiratory disease, e.g., cough, shortness of breath; AND requiring hospitalization) AND in the absence of an alternative diagnosis that fully explains the clinical presentation.

**Probable case:** A suspect case for whom testing for COVID-19 is inconclusive. Inconclusive being the result of the test reported by the laboratory

**Confirmed case:** A person with laboratory confirmation of COVID-19 infection, irrespective of clinical signs and symptoms

- **Active surveillance working case definition as of 20 April 2020**

A patient diagnosed with Upper/Lower Respiratory Infection (Mild or Severe) presenting any of the following signs and symptoms: cough, sore throat, fever, chills, myalgia/body pains or shortness of breath in the past 7 days.

- **Surveillance activities**

- Call centre continue operations for 24 hours every day; **1216** calls were answered at the hotline today (21.06.2020) and **17** alerts were investigated.
- Namibia COVID-19 dashboard accessible via a link on the MoHSS's website <http://www.mhss.gov.na/> or at <https://cutt.ly/Covid-19-situation-Namibia>
- Active case search in all regions is ongoing.
- Contact tracing and monitoring is ongoing (**see Table 1**).
- Mandatory supervised quarantine of all persons arriving from abroad is ongoing (**see Table 2**).

- All people are tested upon entry into mandatory quarantine for rapid detection of positive cases.
- All people in quarantine are monitored daily for 14 days and are being tested twice ( upon arrival and on day 12 before release on day 15 if they test negative).
- Regions have intensified surveillance on travellers from Erongo region for early case detection.

## CONTACT TRACING SUMMARY

*Table 1: National contacts tracing summary for COVID-19 as of 21 June 2020*

Variables	High	Medium	Low	Total
Total Number of contacts listed for follow up (potential)	329	168	444	941
Total Number of contacts identified (cumulative)	329	168	417	914
Total number of Contacts never reached	0	0	27	27
Total Number of contacts lost to follow up	0	2	5	7
Total Number of contacts that developed signs & symptoms	38	5	12	55
Total Number of contacts that tested positive (became cases)	10	1	0	11
Number of active contacts monitored/followed in the last 24hrs	78	47	98	223
Total number of Contacts completed 14-days follow up	189	104	285	578

As of 21 June 2020, a total of **914** contacts of confirmed cases have been identified. A total of **578** contacts have completed their 14 days of follow up, and **223** active contacts were monitored today (**Table 1**).

The National and Regional teams are supporting the Walvis Bay district team in reviewing recent cases and contacts to identify possible COVID-19 transmission hot spots for enhanced response:

- Kuisebmond area and prison identified as hot spots.
- Plans ongoing to test more people through targeted testing.

*Table 2: Number of people in mandatory quarantine facilities as of 21 June 2020*

<i>Region</i>	<i>Newly quarantined 24 hours</i>	<i>Cumulative number of people</i>	<i>Number people discharged</i>	<i>Number of people in quarantine now</i>
Kunene	0	56	53	3
Omaheke	2	104	70	34
Kavango	0	82	59	23
Omusati	0	109	94	15
Oshana	6	42	20	22
Ohangwena	7	228	194	34
Hardap	3	199	163	36
Otjozondjupa	0	370	330	40
Khomas	0	1033	796	237
Zambezi	11	400	325	75
//Kharas	0	439	337	102
Erongo	0	201	137	64
Oshikoto	0	48	44	4
<b>Total</b>	<b>29</b>	<b>3311</b>	<b>2622</b>	<b>689</b>

As of 21 June 2020, a total of **3311** persons who came into the country have been placed into supervised quarantine facilities around the country. Of the total, **2622** have been discharged and **689** are currently quarantined (Table 2).

#### **LABORATORY INVESTIGATIONS**

- As of 21 June 2020, a total of **7098** (including **693 re-tested**) COVID-19 specimens have been tested in the two laboratories (NIP and Path Care) as per Table 3 below:

*Table 3: COVID-19 specimens recorded at NIP and Path care Laboratories as of 21 June 2020*

<b>Variables</b>	<b>Laboratory</b>			<b>Total</b>
	<b>NIP</b>	<b>Path care</b>	<b>South Africa</b>	
Total sample received by the Laboratory	5916	1294	-	7210
<b>Total sample tested</b>	<b>5151</b>	<b>1254</b>	-	<b>6405</b>
Total sample re-tested	661	32	-	693
<b>Total positive results</b>	<b>54</b>	<b>8</b>	<b>1</b>	<b>63</b>
Total negative results	5102	1246	-	6348
Total sample discarded	68	8	-	76
Total pending results	29	0	-	29
Total new suspected cases in last 24 hours	246	0	-	246



## **COUNTRY COORDINATION, PLANNING AND MONITORING**

- Plans are under way for integrated support visits to other regions (Zambezi, Kavango, Ohangwena, Omusati, Kunene, and Oshana region).
- Preparatory work for the Health Development Partners virtual meeting on 24 June 2020 are ongoing. A template has been shared with pillar leads for inputs.

## **CASE MANAGEMENT:**

- Out of the 63 cumulative confirmed cases, 21 have recovered after testing negative twice for COVID-19 at 48 hours' interval.
- Of the 42 active cases, 1 is still in ICU and is clinically stable. His clinical condition continues to improve.

## **INFECTION PREVENTION AND CONTROL:**

- IPC activities are ongoing:
  - Distribution of PPE according to the Regional plans.
  - Monitoring of IPC in health facilities

## **LOGISTICS.**

- Facilitation of the allocation of quarantine facilities around the country and transportation of discharged people from quarantine facilities is ongoing.
- Sourcing, procuring, receiving and distributing commodities.
- Updating commitment and stock registers daily.
- Distributed medical commodities (suction machines and ventilators) to Erongo region.

## **POINTS OF ENTRY:**

- Screening of incoming travellers and inspection of trucks at points of entry and check points are ongoing.
- Daily reporting on ground crossing transports at all designated Points of Entry is ongoing (**Table 4**)



*Table 4. Distribution of truck drivers who came into Namibia from neighboring countries and destination regions on 21 June 2020*

Destination	Country of departure						Total
	RSA	Zambia	Botswana	DRC	Angola	Zimbabwe	
Karas	27	0	0	0	0	0	27
Khomas	102	1	6	1	0	0	110
Omusati	2	0	0	0	0	0	2
Oshana	5	0	0	0	1	0	6
Otjozondjupa	7	0	4	0	2	0	13
Kavango	0	0	0	0	0	0	0
Ohangwena	3	0	0	0	2	0	5
Hardap	0	0	0	0	0	0	0
Kunene	0	0	0	0	0	0	0
Omaheke	2	0	0	0	0	0	2
Oshikoto	2	0	0	0	1	0	3
Zambezi	1	0	0	0	0	0	1
Erongo	16	40	4	4	1	0	65
<b>Total</b>	<b>167</b>	<b>41</b>	<b>14</b>	<b>5</b>	<b>7</b>	<b>0</b>	<b>234</b>

The majority **167 (71.4%)** of the truck drivers departed from South Africa to various regions. The largest number **110 (47%)** of truck drivers were headed to Khomas Region.

#### **RISK COMMUNICATION AND COMMUNITY ENGAGEMENT:**

- The Communication Center continues to engage stakeholders on issues around the COVID-19 response.
- Distribution of IEC materials is ongoing.

#### **PSYCHOSOCIAL SUPPORT SERVICES:**

- Continous provision of health education and psychosocial support services to persons in need i.e;
  - Confirmed cases and their families
  - People in quarantine
  - Persons in need of shelter
  - Health Care Workers

**5. CHALLENGES:**

- Inadequate isolation units at health facilities in the regions.
- Inadequate PPE
- Inadequate nasopharyngeal swabs and appropriate transport media.

**6. RECOMMENDATIONS AND WAY FORWARD:**

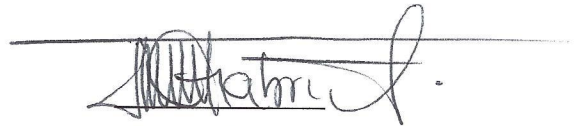
- Establish fully equipped isolation units at health facilities in the regions.
- Logistics pillar to continue with the procurement and distribution of sufficient PPE to the regions to ensure that response is not interrupted.
- NIP to continue sourcing for swabs and appropriate transport media.

Approved:



**Incident Manager**

**Date: 21 June 2020**



**Secretariat**

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